

# Southeast Virginia Dressage Association



December  
Volume 25, Issue 12

## Half Halt



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[renee.hall@merial.com](mailto:renee.hall@merial.com)

## Southeast Virginia Dressage Association

### Time To Renew Your Membership



Quick Links...

[SVDA Website](#)

[VADA Website](#)

[United States Dressage Fed](#)

[SVDA Schooling Show Entry](#)

[Recognized Show Entry](#)

**SVDA AWARDS DEADLINE IS  
DECEMBER 4, 2010**

**PLEASE INCLUDE A PICTURE OF  
YOU, YOUR HORSE, OR OTHER  
CANDIDS FOR THE YEAR END  
AWARDS BANQUET**

**[CLICK HERE FOR AWARD FORMS  
AND INFO](#)**

**SVDA Awards Banquet Theme is  
"Cheeseburger in Paradise" and will  
include a skit by SVDA's  
Junior/Young Riders**

**Mail to:**

**Carol Gonyo  
Awards Chair  
920 Forest Lakes Drive  
Chesapeake, VA 23322**

Junior Programs  
Tristin Hardy-Butler  
757-615-4975  
[tristin@elfenridge.com](mailto:tristin@elfenridge.com)

Webmaster  
Wendy Murray  
[vablond25@aol.com](mailto:vablond25@aol.com)



*Bellwether* *Farm*

*Gloucester, Virginia*  
**BOARDING FACILITY**

- SCHEDULED CLINICS  
Debbie Basta

“USDF” Bronze Medalist  
[www.bellwetherfarm.org](http://www.bellwetherfarm.org)  
dh.basta.llc@wildblue.net ~ 804-695-9542



## Christmas Horse Cookies

### Treat Your Horse to Something Special for Christmas

1c carrots, grated  
1 apple grated  
2 tablespoons corn oil  
 $\frac{1}{4}$  c molasses  
1 tsp salt  
1 c rolled oats  
1 c flour

.  
Preheat the oven to 350 degrees. Lightly grease cookie sheet.

.  
In a large bowl, mix carrots, apple, corn oil and molasses together.  
Fold in salt, oats and flour until well mixed.

Spread dough in one big piece on the cookie sheet.

Score dough with a knife to make it easier to break apart after baking (or use cookie cutters to make shapes!)

Let cool, break apart and serve!

[back to top](#)



**SVDA Scholarship:** My first clinic with Action Ace.

My name is Mary Winchell and Action Ace is the five year old Dutch Warmblood that I rode in the SVDA Clinic with Patrick & Lani Tigchelaar. The weather was nice just a little chilly, and the goats and donkeys were out running around next door. This situation made Ace and me very tense walking around the ring. Patrick & Lani went right to work helping me overcome the tension. They explained to me that I should let Ace look, continue to walk, but to rub his withers to let him know everything is okay, for me to relax my arms and seat. *“There is nothing wrong with him looking, but he needs to continue working.”* He stopped to stare; right away they had me use my legs to push him forward. This exercise is to help him learn to trust me. Once we walked around the ring for a while, Ace and I both relaxed. Before I began, Patrick and Lani asked what I wanted to work on in the lesson. My reply was to work on my legs/seat instead of overuse of my hands.

We started with rising trot, using my inside leg and outside rein (half halt) to move him around a 20 meter circle. During this exercise if he lost focus, I would make a 15 meter circle and then back out to 20 meters. Sometimes I had to circle the 15 meter circle several times before he would pay attention to me. Patrick and Lani continued to explain how quiet my hands must be; only using leg to control the shoulders as well as the hind. *“In order to turn the horse you must turn the shoulders. Ride the horse straight with the power from the rear.”* What they explained to me is if there is too much bend you lose the power from behind.

The next exercise was the 3 loop serpentine. They encouraged me to use less hand again using my leg to push the hind over to change directions, making sure I stayed even in both stirrups. Flexion is important behind the poll, but I tend to just bend the neck. Next was the canter in a 20 meter circle, Lani explained that I needed to keep my hands together. This also would assist in turning your horse. As we were cantering, Ace spooked taking off. I reached around with one rein and pulled him into a very small circle. Ray Norman taught me this; he called it disengagement. I called it a life saver! Patrick said well done and back to work with a small circle back into a big circle. Next thing I knew we were cantering like nothing had happened.

Patrick and Lani Tigchelaar are a great team, softly working with rider and horse. I came away from their clinic feeling that I had a good connection with Ace. This talent couple reinforced the concept of using my legs and seat. Their lesson has reminded me that I can apply what I have been taught in the past (just dust the cobwebs off the old brain & body) to become a competitive rider again. I'm looking forward to my next SVDA Clinic. Thanks so much!





Season's Greetings



Sesroh Tack Shoppe  
1408 South Church Street

757 356-9234

**Annual Holiday Open House**

**Saturday, December 4th**

**10:00 - 4:00**

**Special Appearance by**

**SANTA**

**2:00 - 4:00**

**Sesroh Tack Shoppe**  
**Your One Stop Shop for All Your Horse Needs**  
**1408 South Church Street, Smithfield, VA 23430**



# Second *Wind*

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- ✂ Paint selection
- ✂ Staging for home sale
- ✂ Decorating for holidays, parties, weddings

\$25.00 per hour

Contact for further details:

757-650-6191 (cell)

757-686-4559 (home)

[mssowen@verizon.net](mailto:mssowen@verizon.net)

I have a degree in Interior Design and over 25 years in the business.



**VADA**  
**Annual Awards Banquet**  
**Sunday, February 6, 2011**  
**Doubletree Hotel 990 Hilton Heights Road**  
**Charlottesville, VA 800-494-9467**

Reception starts at 11 am with sit down lunch beginning at noon

\$25 per person

Banquet reservations must be received by **January 25<sup>th</sup>, 2011**

Remember to bring items for the Chapter Grant Silent Auction!  
For more information and a complete list of awards, check out the website.

Lunch will consist of salad, vegetable, rice or potato (hotel choice, not yours), entree and dessert.

**Entrée Choices**

**London Broil Madagascar-** Marinated flank steak with green peppercorn brandy sauce

**Grilled Florida Thyme Chicken-** Served with an orange demi-glace and herbs

**Vegetable Collage-** Grilled Portobello, Italian broiled tomato, spinach almond wild rice pilaf, roasted red potatoes and a side of chef's choice seasonal vegetable accompaniment

Name(s) of attendees \_\_\_\_\_ Entree choice \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Contact address \_\_\_\_\_

Contact Phone/Email \_\_\_\_\_

(important in case of inclement weather)

Total number of people \_\_\_\_\_ X \$25 = Amount enclosed \_\_\_\_\_

Interested in volunteering at the banquet? YES/NO

Send your check and reservation form to:

Alison Douglas 11909 Halcyon Way Prince George, VA 23875

(804) 339-7495 cell (804) 730-1568 ext 1114 work [adouglas@fasmart.com](mailto:adouglas@fasmart.com)

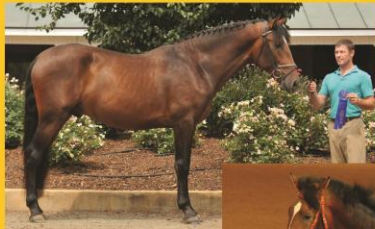


*The Pure Spanish Horse  
(Pura Raza Espanola)  
The Andalusian*

*Born for Dressage  
Bred for Dressage  
Built for Dressage*



**Indiana** — 2004 Bay Mare  
Trained by Bruno Greber of Ashanti Farm  
Currently competing at 3rd Level



**Vaquero** —  
2008 Bay Stallion  
Gaucho III x Esencia

Gold Medal Movement  
2010 American  
Warmblood Society  
Gordonsville, Virginia

1st Place USDF  
Sport Horse In-Hand  
2010 Dressage at Lexington, Virginia

*S&S Stables*



Karen Lewis  
Afton, Virginia  
www.usprehorse.com  
540-456-8520

**Luminoso** - 2004 Grey Gelding  
Gaucho III x Legitima V  
Currently schooling at First Level



Ad by CM Stockton Design 540-872-0544



## Classifieds

**Prestige2000D Dressage Saddle 17/33**

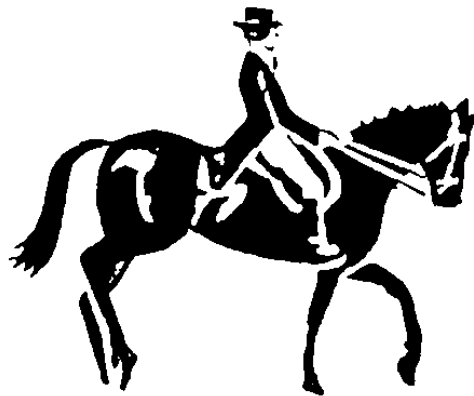
17" seat medium wide like new. No stirrups included.

[liljesco@aol.com](mailto:liljesco@aol.com) Janice 757-635-8023

**Albion SLK Dressage Saddle**

17 in., regular flaps, XW tree. This saddle has been meticulously cared for and is in excellent condition. \$1600.

Contact Toni 813-7929  
[t.meranda@charter.net](mailto:t.meranda@charter.net)



*All categories of the SVDA membership fees have increased by \$5.00. Those new amounts are reflected on the new application form, on the next page:*



**SVDA MEMBERSHIP APPLICATION**

Southeast Virginia Dressage Association is a chapter of the Virginia Dressage Association. VADA is a Group Member Organization (GMO) of USDF. Its members are automatically USDF Group Members.

**VADA/SVDA MEMBERSHIP INCLUDES:**

- \*Membership Card
- \*USDF Affiliation
- \*Newsletter
- \*Copy of Awards Policy
- \*VADA Membership

**SVDA ANNUAL AWARDS ELIGIBILITY:**

Rider and horse owner must both be members of SVDA and in good standing at the time of the ride. Riders must volunteer at least two (4) units of service for SVDA schooling shows during the year, the first of which must be completed by July 1 of the show year.

**AWARD YEAR:** December 1 - November 30

**MEMBERSHIP YEAR:** January 1 - December 31

(Note: new members joining after December 1 are entitled to the following year's membership.)

**MAIL TO:**

Membership Chairman:

Reeta Edmundson  
5139 Westerly Drive  
Virginia Beach, VA 23464

Name: \_\_\_\_\_ USDF Member Number\*: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 Phone Home: \_\_\_\_\_ E-mail: \_\_\_\_\_

Birth date if Junior or Young Rider: \_\_\_\_\_

\*If you are currently a member of USDF and cannot remember your USDF Number, visit [www.usdf.org](http://www.usdf.org) to locate your USDF ID Number.

Birth date if Junior or Young Rider: \_\_\_\_\_

\*If you are currently a member of USDF and cannot remember your USDF Number, visit [www.usdf.org](http://www.usdf.org) to locate your USDF ID Number.

**CHOOSE ONE:**

- Senior Member \$50.00
- Junior Member \$40.00 (18 Years and Under)
- Patron \$40.00 (Non-voting)
- Family Membership \$80.00 (Plus \$30.00 additional for each member over two Family Members)
- Farm Membership \$80.00 (Plus \$30.00 additional for each member over two Farm Owners or managers. Farm membership is limited to four members per Farm.)

What Is Your Primary GMO? (i.e., VADA, NCDCTA, PVDA) \_\_\_\_\_  
 What Is Your Primary Chapter? (i.e., SVDA, NOVA, VADACC) \_\_\_\_\_

Would you be interested in being a mentor for a Junior Rider? (Yes / No) Circle one.

List family member names or all farm owners and managers

1. \_\_\_\_\_ Birth Date (Jr/YR) \_\_\_\_\_  
 2. \_\_\_\_\_ Birth Date (Jr/YR) \_\_\_\_\_  
 3. \_\_\_\_\_ Birth Date (Jr/YR) \_\_\_\_\_  
 4. \_\_\_\_\_ Birth Date (Jr/YR) \_\_\_\_\_

Enclosed is \$ \_\_\_\_\_ Please make check payable to SVDA, Inc.

*Join SVDA and participate in their activities and programs totally at my own risk. I understand that neither the SVDA nor individual board members accept responsibility for accident, damage, injury or illness to horses, riders, owners, spectators or any persons or property.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

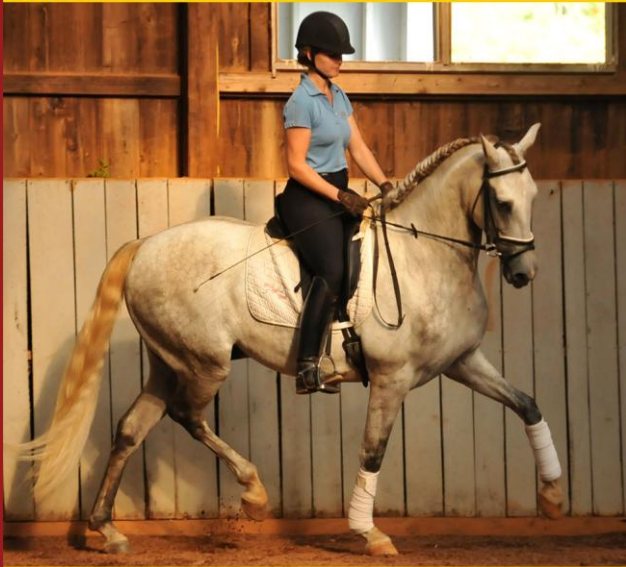
Please mail this application to the Membership Chairman. Do not drop it off at schooling shows or other events.

Leah Backus	5
Debbie Basta	8
Aimee Batten	8
Tina Bodnar	8
Lisa Bolash	8
Ellen Bouchard	13
Rita Bouchard	9
Melinda Brown	11
Pam Burdette	8
Melisa Chamberlain	12
David Christiansen	20
Patsy Clark	3
Laurie Curtis	4
Selwyn Curtis	4
Eileen Darland	5
Brooke DeCant	7
Madisyn DeCant	7
Sharon DeCant	12
Ashley Drum	3
Kristy Drum	4
Reeta Edmundson	17
Ginger Endreson	6
Kya Endreson	6
Gabrielle Fleming	7
Susan Forester	18
Jennifer Gibbs	4
Ingrid Goldblatt	5
Allan Gonyo	2
Carol Gonyo	25
Janell Gregory	9
Renee Hall	12
Abbi Hancock	2
Karen Hancock	2
Alea Hansinger	4
Tristin Hardy Butler	32
Valerie Harrell	5
Ian Hubbs	4
Betty Johnson	2
Brett Johnson	3
Sandy Johnson	55
Stacey Johnson	22
Robin Jones	19
Carol Jordan	8
Nikki Jordan	4
Becky Kelly	8
Kristen Leonard	8

Marylyn Leonard	9
Anna Lepingwell	2
Ariana Mahek	19
Barbara McArthur	4
Joan McClellan	8
Corinne Meadows	4
Toni Meranda	12
Sarah Miller	65
Karen Morris	8
Janice Mumford	58
Louise Murray	10
Wendy Murray	35
Robyn Nunnally	50
Mike Owen	4
Shawn Owen	24
Sydney Owen	4
Katherine Owens	3
Nancy Pettet	10
Kim Phalon	10
Anita Rees	29
Beth Rippel	8
Diane Rombs	19
Jennifer Rombs	19
John Rombs	19
Tiffany Rombs	19
Danielle Rowland	11
Donna Rowland	28
Kathy Rowse	66
Marianne Rudisill	7
Anna Scriebl	8
Dawn Sherrill	4
Julie Shilling	4
Nancy Slack	8
Allison Spanka	6
Nancy Speisser	12
Julie Spencer	8
Amanda St. John	12
Brenda Stevens	7
Bettina Strobach	14
Allison Taylor	11
Brittany Taylor	4
Jennifer Torres	10
Hannah Whitesell	2
Melody Whitesell	2
Donald Williamson	4
Yolanda Williamson	22
Grace Williams	3
Rebekah Williams	8



*Offered For Sale:*



*Luminoso*  
2004 PRB (Andalusian) Gelding  
Currently training 1st Level

*S&S Stables*

Afton, Virginia  
703-456-8520  
www.usprehorse.com



*Danielle Rowland and Action Ace*  
OPEN GAIG CHAMPIONS 1st Level 2010

## REGION 1 GAIG CHAMPIONSHIPS 2010

*Jr/YR TL Championship*

*Reserve Champion: Nutmeg Phalon & Tantallon Timeless Elegance 67.80 %*

*Jr/YR PSG Championship*

*CHAMPION: Jessica Zoskey & FA Patriot 65%*

*1st LL Open Championship*

*CHAMPION: Danielle Rowland & Action Ace (owners: Mike & Mary Winchell 71%*

## BLM CHAMPIONSHIPS

*Jr/YR PSG Championship*

*CHAMPION: Jessica Zoskey & FA Patriot 67%*



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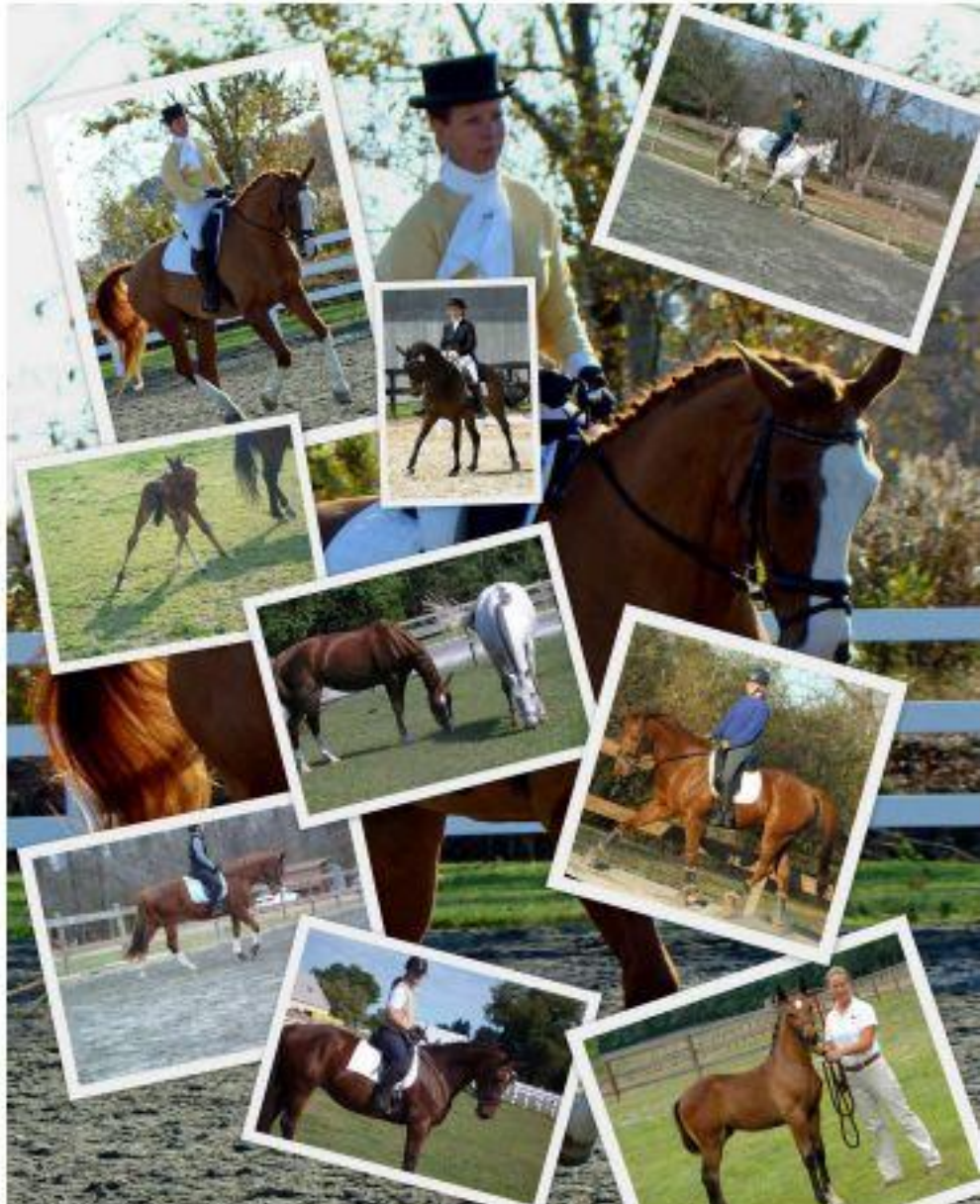
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# Thank You

Dr. Douglass Berry, II, would like to thank all of his friends and partners in the Southeastern Virginia Dressage Association for their friendship and support at Woodside Equine Clinic, 804-798-3281



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## Calendar of Events

### SVDA Low Cost Clinic Calendar\*

Date	Clinician	Facility	Rider Cost
11/28/10	Kathy Rowse	Silverleaf Farm	\$30
12/4/10	Pati Pierucci	Silverleaf Farm	\$65
12/5/10	Pati Pierucci	Princess Anne Farm	\$65
12/11/10	Margaret Gafford	Joanne Hodeen Farm, Windsor <a href="mailto:jhodeen@aol.com">jhodeen@aol.com</a> 242-3583 for info.	\$65

\* check SVDA website for updates as the year progresses

[Click Here For Clinic Release](#)  
[Click Here For Clinic Application](#)



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***From the Board of Directors of SVDA***

***We wish all our Members a***

***Merry Christmas***

***And a Wonderfilled Holiday Season***



# Advertisers

Advertisers Need to submit their ads With Payment to be included in our Advertisers Section

All ads must be submitted as they are to appear in the newsletter.

SIZE	PER ISSUE	PER YEAR
FULL PAGE	\$15.00	\$150.00
HALF PAGE	\$10.00	\$100.00
QUARTER PAGE	\$7.50	\$75.00
BUSINESS CARD	\$5.00	\$50.00
CLASSIFIEDS	\$5.00	\$50.00

**Submissions MUST be received by the 25<sup>th</sup> of the month.**



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